



Read the Real Food™ Story Before You Buy Another Bottle of Nutritional Supplements Anywhere!

Dear friend and seeker of greater health,

Do me a favor if you will. Forget everything you've ever heard about nutritional supplements and read this letter with a completely fresh mind. What you're about to discover may change your entire perspective on the real value of most of the nutritional supplements on the market today. Don't be surprised if you walk away from this letter **seriously questioning** the supplements you've been taking for years.

It all started back in 1985, when I was a manager of a well-established health food store. A friend of mine was studying at the University of Washington Medical Center, and part of his curriculum was the quantification and analyzation of foodstuffs. I got an idea. Instead of him analyzing foods from the shelves of the grocery store, why not ask him to analyze some of the nutritional supplements I was selling at the health food store? He agreed.

I came up with 7 of our bestselling products for him to analyze. The results were shocking! **Out of these 7 products, not one of them came back at 100% label claim.** Three of them came back at less than 50% label claim, and one came back with absolutely nothing in it that it said it had - as far as its active ingredients. Here we were with brand name health products, and the majority of the 7 tested did not have what the label claimed they had in them. How could this be possible? My sense of honesty and integrity demanded that I find out.

The first thing I did was to call the companies that developed these products. **Their response shocked me even more.** Instead of satisfying my concerns, they offered me cases of free product, along with big discounts and then assured me that the reps would be by to schmooze me, and take me out to lunch or dinner.

They completely ignored my concerns. Not once did they offer any answers. And they darn sure didn't offer to discontinue the product until they could figure out whether there was actually a problem. Which led me to believe that **they knew.**

I Had to Get Some Answers

I hung up the phone in disbelief, but more determined than ever to get to the bottom of this. **So I called the FDA.** Not to turn in these people (that's not my style), but I simply wanted to know an answer to a very important question: "How can this happen? Who polices the world of nutritional supplements?"

I tried for days to get hold of a staffer for the FDA, with no success. I left several messages on his answering machine, asking for a return call. Finally he got tired of all my messages and he answered the phone. He was perturbed, to say the least, and I really couldn't blame him. I was very persistent. **I had to get some answers.**

He said, "Listen pal, I don't know what your deal is, but quit calling us." And then I said, "Hey, I have your address. I know where your office is. If I have to I'll camp out on your doorstep. All I have is one question that I need answered." Finally he said, "All right, what's your question?" And then I proceeded to tell him the story of how none of the 7 nutritional supplements that were tested had in them what the label said they had.

My question to him was simply this, "How can this be possible?" He hesitated for a moment. Then he said, "Okay, I'll give you the answer, but you have to promise me that you won't use my name." I agreed.

He said, "Listen, we don't give a hoot about your little cottage industry. We are the enforcement arm of the drug companies. If you make a drug-like claim, we will be down on you like white on rice! If you aren't making claims, we couldn't care less whether your product has **anything** in it or not, or if it works or not - so long as you're not stepping on a drug patent. That's your answer."

In a mild state of shock and with a sense of disbelief I said, "Wow. That's not at all what I wanted to hear, but I believe you're telling me the truth. Thank you for being so candid with me."

I Was Stunned

That was it. He hung up and I stood there by the phone stunned to think that there's no one out there policing the industry, making sure the products contained what the labels say they do.

So then I immediately went to the owner of the store that I was managing, and said, "John, we got ourselves a problem" (and told him the whole story). I said, "We're going to have to box up all these products and send them back to the companies. They're not what the labels say they are." His response was, "**Are you kidding me?**"

Defiantly I said, "No, I'm as serious as I can be. We're going to have to conduct an analysis on everything in the store, to make sure what we've got in here is real." His response was, "I'm sorry, but we're not doing that. Those are our best sellers." I said, "John, I don't care if they're the best sellers or not. We have to return them, or I quit." And John said apologetically, "I'm sorry Patrick, but I can't do that."

Standing there in amazement at his lack of response, I said even more defiantly, "Okay, I'm out of here as of right this moment. No notice, no nothing. I will never, ever in my lifetime recommend a product that I know to be false."

And at that point John got very upset, because all he thought about was the bottom-line. He'd been running the store for about two years, when I came on board and doubled his sales in about six months. And because he was mainly a bean counter, that's really all he cared about. So he wouldn't take any action regarding these 7 products, because those were his big sellers and they also had the biggest margins.

After shaking my fist in mid-air for a while, I became a man on a mission. In that moment I decided, "Somebody's got to do something about this". Something within me was stirred, like never before - which drove me ultimately to create **a new, revolutionary breed of nutritional supplements - unlike anything in the world today!** I call it the *Real Food™ Process*.

The NutriHarmony Real Food™ Process Can Change the Way You Look at Nutritional Supplements FOREVER!

The NutriHarmony Real Food™ Process can completely change the way you look at nutritional supplements. I really mean that. This process is so different from the other formulas on the market today that it deserves to be in a category all by itself.

Remember the term **Real Food™**, if you will, as you'll be hearing a lot about this throughout this literature. It signifies the difference between a live food supplement and a dead "food" supplement. And believe me, there's a lot of dead "food" supplements out there. Stay with me, because this is real important.

At the beginning of my letter I said, "Don't be surprised if you walk away from this letter seriously questioning the supplements you've been taking for years". Let me explain.

Today there's a serious problem with the way many supplements are being formulated and manufactured - although most consumers are not aware of this. **What you probably don't know** is that most of the so-called nutritional "food" supplements on the market today are not food at all. There's not a bit of food in them. NONE. They're completely foodless.

The Shocking Truth

The majority of nutritional supplements on the market today aren't what you think they are, probably including the ones you're using. Most of them are as synthetic as they can be and according to the Physicians Desk Reference (PDR), only about 8% to 15% of chemically manufactured supplements are absorbed or utilized - only 8% to 15%!

The other 85% to 92% of that formula is wasted - money literally down the drain. Does it make any sense to pay for 100% of something and throw away up to 92% of it, day in and day out? Well that's exactly what's happening with many of the nutritional products on the market today.

Let me repeat this: Many supplements, **including the ones in your favorite health food store** are made primarily from inorganic materials (such as rock) and chemicals. Yes, chemicals. Up to 92% of the ingredients within these formulas end up as waste products, which your body may struggle to dispose of.

Today Many of the Food Supplements on the Market Should be Called Chemical Supplements Because They're Not Real Food!

There's Not a Speck of Food in Them

(You might want to make sure you're sitting down before you read these next few paragraphs).

The fact is, many of the "food" supplements on the market today should be called FOODLESS supplements, as there's not any food in them. Let's take Vitamin C for example. Any ideas as to how most Vitamin C formulas are made, and what they're made of? One thing you can be certain of, it's not fruits or vegetables. Brace yourself:

99% of the Vitamin C formulas on the market today
are made from corn syrup,
which is a whole lot more refined than white sugar.

That's right, corn syrup. There's not a speck of Vitamin C, or real food of any kind, in most of the "Vitamin C" products on the market today, probably including the ones you're using. Not a speck.

They make Vitamin C by taking corn syrup solids (**which is very cheap, unhealthy stuff**) and reacting it with hydrochloric acid, until the molecule represents the same molecule that is found in Vitamin C. Is that absurd or what?

So there's no natural food Vitamin C in these products whatsoever. NONE! They simply mimic the molecular structure of Vitamin C. But the problem is your body is smart enough to know the difference between a fake Vitamin C and real Vitamin C.

Are the Supplements You're Using Only a Mimic of the Real Thing?

Let me ask you a question: Let's say that someone went out and made counterfeit money, and the money looked like twenty-dollar bills. Would that be the same as real money just because it looked similar? Of course not. It might look like the real thing until you got arrested trying to spend it. So there are many companies out there that are making products that mimic the molecular structure of Vitamin C (or other nutrients) - but they're not real food, and your body doesn't recognize them as food. It doesn't know what to do with them. To the body, it's counterfeit food, and **YOUR BODY CAN'T SPEND IT** the way it could a Real Food™ formula.

If you look on the side panel of the label on many of the synthetic Vitamin C formulas (and the vast majority of them are synthetic), you'll notice it doesn't say Vitamin C. It says L-Ascorbic acid. Why? Because there's no Vitamin C in it. It only mimics the molecular structure of vitamin C. **Here's what their label should say:**

"This is **NOT** real Vitamin C. Actually, there's not a speck of real Vitamin C in this product. It's only a mimic of the real thing. It's the closest we can come to real Vitamin C, when we produce it **chemically** in our laboratory."

And Vitamin C is just one example. The same applies to dozens of other vitamins and nutrients from synthetic supplements. They only mimic the real thing.

Chemically based supplements are running rampant within the nutritional industry today **for virtually every vitamin under the sun.** There's no life in them at all. They fall in the category of what we call: *Dead "food" supplements.* (Or perhaps we should call them *dead chemical supplements*, since they have nothing to do with food).

By the way, our Vitamin C formula does not contain any corn syrup whatsoever. We wouldn't even consider such a thing. Made and formulated by our exclusive Real Food™ Process, our product is a powerful, nutrient-rich formula, **made from whole foods.** Our unique process makes it up to 10 times more active than the synthetic formulas on the market today. It's the real thing.

So the question is, are the supplements you're using to improve your health everyday only a mimic of the real thing? Are they Real Food™ supplements or dead "food" supplements?

Aqua Farming - a Revolutionary Way of Creating the Most Effective Food Supplements Available

While the process we use to formulate and manufacture our formulas is proprietary to NutriHarmony, **and there are many trade secrets involved**, let me give you a clue as to how our formulas are made.

Imagine a farm where water instead of soil is used to grow rich, vibrant crops. That's the first clue as to how our formulas are made. It's called *Aqua Farming*, and it's a revolutionary way of creating the most amazing food supplements. While this process is years ahead of the rest of the field with its unique *Aqua Farming* methods, this approach is the wave of the future - because it's far superior to most of the current methods of creating nutritional formulas.

At NutriHarmony we don't make our nutritional formulas synthetically in a laboratory as practically every other company does - WE GROW THEM! We're more farmers than manufacturers. If you want nutritional products that your body can easily absorb and utilize, this *Aqua Farming* method is the answer.

The Soil is Dead!

The soil of America is just not reliable anymore. It's terrible what's happening - the soil is basically dead. On the other hand, this aqua farming process is filled with life!

In today's "soil farming" they actually put only three nutrients back into the ground - Potassium, Phosphorus and Nitrogen. That's all they put back. So if only three nutrients go back into the ground, where are you supposed to get all the other important nutrients from?

Years ago farms were out in the middle of nowhere. There were no freeways or factories around. Back then they grew crops and they would pick the fruit of the crop and then till the remaining fodder back into the ground to revitalize the soil with oxygen and nitrogen. They had crop rotations, and they would let fields sit a year or longer.

Unfortunately most of today's farmers can't afford to have crop rotations, so the soil is constantly being depleted. So today, as far as we're concerned at NutriHarmony, the soil is not much use to us anymore in creating rich, nutrient-dense nutritional supplements.

It's Like a Microcellular Organic Garden of Eden

However, as nature would have it, we've discovered a much better way to develop Real Food™ supplements - a much more powerful way to supplement your diet. **That is, to grow chemical free food supplements in aqua farms, where our food supplements become incredibly nutrient-dense.**

Imagine taking virgin, pristine, single-celled plants and growing them indoors in a microcellular organic "Garden of Eden", away from all the contamination and pollution, and all the stress and toxins in our environment. At NutriHarmony we're able to deliver to you super rich nutritional supplements that have a nutrient profile with the enzymatic quality, energetic value and nutrient density **that the earth had when it was young.**

It took 12 years of persistence to perfect the process of cultivating, growing, formulating and delivering nutrient-dense foods with the life force intact - and no chemicals or synthetics whatsoever. We're the only ones on the planet making products this way. We call this approach the Real Food Process™. Others in the world of nutrition are calling it the most important breakthrough in the nutritional supplement field in decades. This is a major advancement in the field of nutritional formulas!

Formulas Grown One Nutrient at a Time

However, with this process you can't just grow a whole multi-vitamin formula all at once - **You have to grow it one nutrient at a time.** The net result of this growth process is that you end up with a plant that's packed with life giving, enzyme-rich nutrients - which your body can recognize as REAL FOOD.

These plants are incredibly nutrient-dense, and unlike so many of the synthetic products on the market today, the body knows exactly what to do with **our** whole food formulas. The benefit of consuming real live, nutrient-rich foods is that your body can now go to work creating health - because most health challenges are caused by a lack of nutrients. **It's simply a deficiency of vital nutrients** - which you're not likely to correct with chemical supplements.

How I Took a Quantum Leap Forward in the Development of the Real Food™ Process

Over 20 years ago I began a massive study of the eating habits and positive physical, mental and emotional characteristics of indigenous people from around the world. My objective was to figure out which cultures exhibited the positive characteristics that you and I may long for, **such as incredible cognitive abilities, super strong lean muscular bodies, radiant health and longevity.** What I learned by studying the dietary habits of indigenous people represented a quantum leap forward in the development of this brand new breed of nutritional supplements. Stay with me because this next section explains in detail the huge breakthrough I was able to make (because of this study), and how it can dramatically affect your health.

When it comes to physical, emotional and mental health, what do we really want? Ideally, wouldn't we want the greatest health that has ever existed on this planet? There's only one way I know of to really accomplish that: You have to copy the nutritional habits of those people throughout history who have been the healthiest in existence - ever. That was the reason I put years into researching the habits of certain indigenous people. **It paid off royally!**

With data from the Smithsonian Institute and the American Institute of Sciences, I was able to track down key archaeological finds and digs related to certain indigenous cultures. **Within these digs were literal gold mines of information** - secrets to living a long, vibrant life.

One of the most powerful examples of these archaeological digs is when they would untomb a Pharaoh in Egypt. This Pharaoh was buried with unbelievable amounts of wealth. Just unbelievable! Huge amounts of gold, jewels and gems. Well, when they buried the Pharaoh, they also included food, because it was the Egyptians' belief that the Pharaoh would need food to sustain him to cross the "River Styx" into the afterlife. That was part of their religious beliefs, so they made it a high priority to put food in with the Pharaoh.

Well, that food was of an incredible quality. They put the best foods of their day into containers called vats and vassals. Let's face it - in their minds they were burying a living god, so everything

was of the highest quality. Even today those foods can be quantified and analyzed for nutrient and enzymatic content. The Pharaohs left invaluable clues behind for what nutrients are required for maintaining a strong, ultra healthy body.

The Hunza Village Perhaps the Closest Thing to a Real Shangri-La

I also passionately studied the dietary habits of the legendary Hunza people, many of whom lived to be well over a hundred years old. In the Hunza village, people who were 90 years old had many of the physical characteristics of 30 year olds. Much of this was contributed to their live, wholesome, chemical-free foods. And of course they had no contact with chemical based “nutritional” supplements. At least not for many centuries.

In the late 1900's, however, synthetic vitamin supplements were introduced to the Hunza's, and many of them became ill because of this. While many of us in North America have become numb to the effects chemical supplements are having upon us, the Hunza people were highly sensitive to these effects, and they had a strong, negative reaction to them.

Here in North America, we're so chemically doused that we may not react strongly at first to these chemical “nutritional” supplements. And even though our numbness makes us unaware of how harmful these synthetic supplements are, keep in mind one thing: **Our body still has to deal with the negative consequences of these types of supplements.** Sooner or later, we will feel the effects.

The Secrets of the World's Strongest Men

My research also showed the reason many of the world's strongest men came out of a very small geographical region of the world known as the Vjordic region of Scandinavia - primarily Sweden, Denmark and Holland. Isn't it interesting that the men from this area continue to dominate the strongest man competitions, year after year? Well, why is that? Why do most of the world's strongest men come from that area of the world? Largely because of their nutrient profile, which can be traced back many centuries. This is what gave these people their tremendously positive traits. **Fortunately, through my research, I was able to determine what this nutrient profile was, and adapt it to my Real Food™ formulas.**

The process of my research worked like this: Once I identified all the 80 or so indigenous cultures from around the world, I weeded out the cultures that had negative characteristics and carefully studied the cultures with positive characteristics (although you want to also learn from the negative to make sure that you don't duplicate those patterns).

I Narrowed It Down to 16 Indigenous Cultures

Once I put all my research together, I found there were a total of **16 indigenous cultures** that exhibited one or more of these positive characteristics. These were the indigenous people that I could learn the most from regarding vibrant health and longevity. These were the cultures where the super strong existed and where people lived to be decades older than other cultures.

The key here was to understand what nutrients created these desirable characteristics, because **over 80% of a positive characteristic (such as tremendous strength or exceptional cognitive powers) can be directly contributed to a nutrient profile of the people in that indigenous**

region. I mean, the Vikings didn't grow up to be the largest holders of lean body mass just because they lived where it was cold. Many tribes lived where it was cold. It was mostly related to their nutrient profile.

So then by mapping each of those nutrients that created that positive characteristic, you can cross reference them, so that you are getting the amount of that nutrient that was found in that food that they ate. Then you can put together from each of those indigenous peoples, all of the different nutrients **in precisely the amounts that they would have gotten on a normal basis.** So take all of the nutrients that created all of these positive mental and physical characteristics, and put them into a nutritional formula **IN THOSE EXACT RATIOS.** And that's how we created our Real Food™ formulas.

All in all, it took me 18 years and literally thousands of hours of exhaustive research and analysis to develop my conclusions, but boy was it worth it. These conclusions allowed me to formulate food supplements unlike any others on planet earth.

I Set Out With Tremendous Passion to Uncover Their Health Secrets

I was fascinated by what I could learn by studying certain indigenous people, particularly those who had an extraordinary physical and mental make-up. I researched, correlated, and analyzed their dietary habits, environment, lifestyle, exercise, social structures and many more factors too numerous to list. From all this I discovered there is a universal relationship common to all people, between their nutritional habits and their mental, emotional, and physical make-up. I call this pattern *The Singleness to the Design of Man™*.

My research concluded that humans are 99.99% identical in their nutritional needs - that it does not matter where a person comes from, or where one lives in this world - **we all need the basic same nutrients.** The question is, which nutrients? I answered that question by studying certain indigenous people.

Again, I narrowed this research to the 16 indigenous cultures that showed the healthiest and most positive characteristics of man. I sought out the cultures that had the greatest resistance to disease, the most balanced hormones, the highest lean body composition, strong bones and muscles, super intelligence and cognitive powers. I focused on those cultures that achieved longevity and who had high levels of raw energy. I set out with tremendous passion to uncover these health secrets. **What I discovered went way beyond my expectations.**

Through this research I was able to prove that there is a unique nutrient profile related to each of these positive characteristics - a precise profile that matches the nutritional design of man. The design is so specific, that if even one nutrient is missing or not in balance with the profile, optimal function of a specific physical, mental or emotional characteristic could not be achieved. My research also proved that **only nutrients from real food with live energy would fit the nutritional design of man.** Out of this revelation came the inspiration for the Real Food Process™.

The Real Food™ Process Setting a New Standard for the New Millennium!

The entire Real Food™ Process is a revolutionary discovery™ that sets NutriHarmony apart from every other nutritional company in the world. We use a proprietary process that we invented, exclusive to NutriHarmony only. No one else uses the process that we use, and no one else gets the results we

get. No one!

Our Real Food™ Process represents a quantum leap in the science of nutritional and **whole food supplementation**. This natural process incorporates the massive study of indigenous people and all its *revolutionary* findings.

This is coupled with the use of living plant cells that serve as the equivalent of a microcellular “organic garden”. A garden capable of converting inorganic USP grade vitamins, minerals and other natural substances into the purest of biologically complete, bio-active foods. These “microcellular gardens” are supplied with pharmaceutical grade water and air in a sealed, pollution free, non-toxic environment. At NutriHarmony, we’re setting a new standard for the new millennium.

At NutriHarmony We’re Turning Food Into Supplements!

People have this grand misconception about how many of the nutritional supplements are made. They imagine fresh vine ripened produce going into one side of a vitamin factory and tablets magically coming out the other side. This is not how it works at all.

The majority of the nutrients from a typical nutritional supplement are made from either ground up rocks (which many mineral formulas are composed of), petroleum distillates or coal tar derivatives. They are remanufactured chemicals made in a lab. That’s the harsh reality. Our Real Food™ formulas are in a league all by themselves. At NutriHarmony we pride ourselves on **turning real food into supplements**.

One other thing: Each and every one of our products is verified by means of ***independent testing*** on **every** component of **every** batch, prior to the products being available to the market. So what you see on the label is what you get. The formulas are made in small, precise batches to ensure quality and freshness with over 450 cumulative tests performed. At NutriHarmony we make nutritional supplements that you can trust. I guarantee it.

Are You Building False Hope With the Nutritional Supplements You’re Taking?

One of the things that’s so sad about the way many companies are marketing their chemical-based supplements is that millions of people are building false hope around these products. They’re counting on them to help them overcome health challenges or stave off the ravages of aging.

Truth be known - it’s not likely to happen!

Most of the synthetic supplements on the market today just don’t have the power to heal the human body. First of all they have very little life force in them. Secondly, the body doesn’t recognize these supplements as real food, so very little is absorbed and utilized.

Hope is a good thing. False hope is not!

Does Your Body Recognize the Supplements You're Taking as Real Food? Or Does It Think of Them as an Intruder?

Why the Supplements You're Using Everyday May Be Causing You More Harm Than Good

As I have emphasized throughout this letter, the problem with most of the inorganic and synthetic supplements on the market today is simply this: Your body doesn't recognize them as food, so it can't utilize most of them. So what happens to the other 85% to 92% of the supplements that your body can't use? They don't just disappear. The fact is they become more of a liability to your body than an asset. Your body sees them as waste and has to deal with them. And it will take your precious energy to process and eliminate this excess waste. And more often than not, these days especially, your body doesn't have the extra energy to deal with these intruders.

But, there's an even bigger problem - your body cannot eliminate all of that excess waste. Let's take calcium for an example. Let's say you take in a calcium carbonate supplement every day, **which by the way is ground up rock.** It's very abrasive and it can actually cause polyps to form in your digestive tract.

Okay, take some sand and rub it on your arm. What happens? It's abrasive, right? Rub it hard enough and the skin comes off. What's the difference, with all this excess calcium (or rock if you will) circulating through your body? There's no difference. It creates internal abrasions.

There's more. Let's say you took in several tablets a day of calcium carbonate, and you only utilized 12% of it. That means that the other 88% has to be eliminated somehow. Let's say that the body was able to eliminate most of it, say 85%, but 3% of it goes to calcification of the arteries and the joints, potentially causing all kinds of conditions, including heart problems and bone spurs. This is reality! The body has to do something with it. **It's got to stick it somewhere.** And this can cause the body to age prematurely.

So this type of calcium is a known possible contributing factor to calcification of the arteries, the heart and the joints. GET THE PICTURE? And that's just one example of many that I could give you for the problems caused by inorganic and chemical supplements.

NutriHarmony on the other hand, extracts the minerals without using chemical solvents. Instead, ultra-state-of-the-art, very low, computer-controlled temperatures extract the actual crystalline, pure elemental structure of calcium! This special process results in **enzyme retention** and translates into **unprecedented absorption levels**, outperforming the other top three calcium sources on the market, combined!¹

If you want to utilize only 8% to 15% of a nutritional supplement, then go into any health food store or pharmacy and look around at all the vitamin and mineral products. The shelves are full of products that will help you accomplish that. But if you want to absorb and utilize up to 10 times more of the supplements you're using every day, then I encourage you to get started right away with our Real Food™ formulas. They represent a revolutionary method of manufacturing nutritional supplements **from food**, not chemicals.

¹ Charles H.V. May, M.D., from his paper "Microcrystalline Hydroxyapatite", 1996.

Enzymes - the Key to Life Itself!

There's one other real important reason why you want your nutritional supplements to come from Real Food™ rather than chemicals. Our Real Food™ supplements are ALIVE with enzymes, and enzymes are the life force that gives every cell in your body life. They are the catalysts for thousands of critical chemical reactions within your body. Without enzymes your body will die. **It simply cannot survive without enzymes.**

And remember this: there's not one natural enzyme in a synthetic supplement. NOT ONE! That supplement is as dead as it can be. That's why I've gone to such pains gone to such great lengths, and spent so many years perfecting a method for creating supplements from WHOLE FOODS. Needless to say, I don't have any faith whatsoever in the integrity of chemical-based supplements, **partly because they have no natural enzymes.** I know how important enzymes are to the health and longevity of your body. You've got to have an abundance of them to feel really alive!

Make the Change to Real Food™!

This is a long letter and I appreciate you taking the time to read it all. At NutriHarmony our philosophy is simply this: **Your body was designed to digest food, not chemicals.** Chances are you're only utilizing a small percentage of the nutritional supplements you're currently using. That can all change the day you switch over to our Real Food™ formulas.

You'll gain the tremendous benefits of these new, revolutionary aqua farming methods, along with the incredible discoveries made around the world's healthiest and longest living people - from 16 indigenous cultures. And you'll get my personal ***truth in labeling guarantee*** that what you see on our label is exactly what you will get in our formulas. Nothing less!!

Most people today are chronically deficient in many essential nutrients, causing stress, fatigue and a myriad of health problems. What they need is an exceptional nutritional supplement program to shore up that deficiency, increase energy and rejuvenate the body. Without the proper nutrients, we make ourselves vulnerable to illness and disease - and premature aging. Yet much of this can be avoided. It's so unnecessary.

Our NutriHarmony formulas were designed to fuel your body, day after day, and help you live a long, vibrant life.

All of our products come with an **unconditional 30-day money back guarantee**, so there's no risk to you. Why not make the switch to Real Food™ right away? Your health and longevity may depend upon it.

To Your Great Health,

Patrick Shelley

Patrick Shelley
NutriHarmony Founder and President

P.S. As I mentioned in the beginning of my letter, due to my alarming experience with the seven products from the health food store, I became a man on a mission. I hope you'll join me on this mission to get Real Food™ supplements in the hands of the people who really need them - **and today that's practically everyone.** Try them for yourself, first. Then please let your entire family know about our Real Food™ formulas. They're working wonders for all ages!



About Patrick Shelley

NutriHarmony Founder & President

Patrick Shelley, the founder of NutriHarmony leads his company with a true entrepreneurial spirit. A business-builder for 20 years, Shelley has been the **president of two multi-million dollar nutritional and chemical companies** and is currently the owner, president and formulator of a major pharmaceutical-grade vitamin research, development and manufacturing company.

A self-taught scientist with a genius IQ, Shelley has earned an international reputation for his unparalleled abilities to create nutritional formulations that are highly innovative. Shelley's gift for bringing the wisdom of nature together with the science of nutrition has distinguished him in the industry worldwide. **A true renaissance man, his intelligence and curious nature have led to numerous inventions and patents** and has included in-depth study in such diverse fields as law and government, philosophy and religion, corporate sales and marketing, martial arts and self-defense, as well as the chemistry, physiology and the psychology of nutrition.

Mr. Shelley has taught, lectured and consulted on scientific formulation throughout the U.S. and abroad. His renowned expertise and business successes have been highlighted in such publications as *The Insider*, *Balance Media*, and *The Chem-Pharm Journal*. Shelley is also featured in the current edition of *Who's Who of Executives and Professionals* in the Library of Congress in Washington, DC.

Mr. Shelley started NutriHarmony in 1999, choosing the network marketing business structure to ensure that the most people would receive maximum benefit, not only from pure and uncontaminated products, but from the one-of-a-kind NutriHarmony business plan—**where the associate always comes first**. He has dedicated his life to truth, integrity, and the health and wellness of his fellow human beings. Shelley's personal vision for NutriHarmony's success is the improvement of at least 1 million lives in his lifetime. Through teamwork and mutual support, Shelley expects we will all surpass that goal together.